### Sagwala

Medium with nesh spinach	
82. Vegetable £8.95	85. Prawn £9.95
83. Chicken £9.95	86. King Prawn £11.95
84. Lamb £10.95	

#### Dansak / Pathía

Persian origin, dansak cooked with lentils and pathia cooked with onions &				
peppers. Both dishes are hot, sweet and sour taste				
87.	Vegetable	£8.95	90.	Prawn £9.95
	•			King Prawn £10.95
89.	Lamb	£10.95		

#### Biryaní

A truly majestic dish, cooked with grade one basmati rice, stir fried with your chosen delicacy. We recommend ordering vegetable curry to accompany this dish.

92.	Vegetable £8.60	96.	Lamb&Mushroom £11.45
93.	Chicken £9.60	97.	King Prawn £11.45
94.	Lamb £10.15	98.	Chicken Tikka £10.15
95.	Chicken&Mushroom£11.45	99.	Prawn £9.60

#### Korma

Old time classic dish. Combination of very mild herbs and spices, coconut and		
cream. Sweet, mild and creamy		
100.Vegetable £8.95	5 103.Prawn £9.99	
101.Chicken £9.99	0 104.King Prawn £10.99	
102.Lamb £10.99		

### Rogan Josh

#### Rogan Josh is medium spiced cooked with lots of fresh tomatoes garnished

with coriander	
105.Vegetable £8.95	107.Lamb £10.99
106.Chicken £9.99	108.Prawn £9.99
	109.King Prawn £10.99

### Jalfrezí

11	11.1 1	in the second				C
Hot and spicy	aish cookea	with sliced	onions,	capsicum,	peppers,	tresn green
chilling and co						

chilles and contailuer.	
110.Vegetable £8.95	112.Lamb £10.95
111.Chicken Tikka £10.95	113.Prawn £10.95
	114. TandooriKingPrawn£11.99

#### Masala

The nation's favourite dish. Very mild and creamy with a touch of spice, coconut, cream and natural set yogurt. All the delicacies are barbecued in the tandoor before we put in the masala sauce, to give the distinctive fruity, creamy, sweet texture and taste.

115.Vegetable £8.95	117.Lamb £11.95
116.Chicken Tikka £10.95	118. Tandoori King Prawn £11.99
	119.Paneer Tikka £11.99

Madras / Víndaloo

Old time favourite, madras is hot and vindaloo is very hot, cooked with potatoes

120.Vegetable £7.95	123.Prawn £9.95
121.Chicken £9.95	124.King Prawn £10.95
122.Lamb £10.95	

#### Special Curry

	-		
Medium strength dish co	oked with lots	of spices and fresh herbs	sauce.
125.Chicken	£9.95	127.Prawn	£9.95
126.Lamb	£10.95	128.King Prawn.	£10.99
		129.Keema	£9.95

#### Koraí

Fairly spicy dish, but not hot. Cooked w	ith onions, peppers, tomatoes, and a
touch of soy sauce, and garnished with	fresh coriander.
130.Vegetable £7.95	132.Lamb £9.95
	100 0 00

130. Vegetable 27.33	132.Lumb
131.Chicken Tikka £9.95	133.Prawn £9.95
	134. Tandoori King Prawn£11.95

### Bread

#### All our bread may contain gluten

an our bread may contain gruten	
35.Plain Naan	£2.65
36. Cheese Naan	£3.35
.37.Keema Naan	£3.35
38.Garlic Naan	£3.05
39.Peshwari Naan	
40. Onion Naan	
41.Special Naan	£3.45
Chilli, Onion and Corriander	
42. Tandoori Roti	
43. Plain Paratha	
44. Vegetable Stuffed Paratha	£3.45
45. Chapatti	£1.95

### Vegetable Síde Díshes

All of our vegetable side dishes are cooked in 100% vegetable oil with natural ingredients. We prioritise using organic vegetables. Our vegetable side orders have been known to be so popular, they are often ordered as a main dish.

have been known to be so popular, they are often ofdered as a mar	ii uisii.
146. Vegetable Curry	£3.50
147. Mix Vegetable Bhaji	£4.50
148. Bombay Aloo	£4.40
149. Tarka Dall Lentils with Fried Garlic	
150. Mushroom Bhaji	£4.70
151. Cauliflower Bhaji	£4.80
152. Saag Bhaji spinach	£4.80
153.Bindi Bhaji Okra	£4.80
154. Chana Masala Chickpeas	£4.80
155. Aloo Gobi Potatoes and Cauliflower	£4.80
156. Saag Aloo Potatoes and Spinach	£4.80
157. Aloo Chann Potatoes and Chickpeas	£4.80
158. Saag Paneer Spinach and Cottage Cheese	£4.80
159. Jeera Aloo Cumin Seeds	£4.80
160. Mottor Paneer Peas cooked with Cottage Cheese	£4.80
161. Niramis	
Variety of mixed vegetables, cooked with fresh herbs and wit	
162. Stilton Paneer Spinach with Stilton Cheese	£5.30

#### Ríce

#### All our rice is gluten free.

163. Boiled Rice	£2.95
164. Pilau Rice	£3.50
165.Onion Fried Rice	£3.85
166.Egg Fried Rice	£4.15
167. Mushroom Rice	£4.15
168. Coconut Rice	£4.15
169. Egg and Peas Special Rice	£4.50

#### English Dishes

170. Sirloin Steak, 9oz and Chips	£13.95
171. Scampi and Chips	£10.95
172. Roast Chicken and Chips	£9.95
173. Chicken Omelette and Chips	£9.95
174. Mushroom Omelette and Chips	£9.95
175. Chicken Nuggets and Chips	£7.95
176. Chips	£2.20
177. Lamb Chops	£13.95

#### Fast Food

Served with a choice of sauce on request.	
178. Mixed Kebab Roll (Large)	£10.95
Chicken and Sheesh Kebab	
179. Chicken Tikka Roll (Large)	
180. Sheesh Kebab Nan Roll (Large)	
181. Chips in Nan with Cheese (Large)	
182. Cheesy Chips	£3.50
183. Chips in Nan	£4.50
184. Doner Kebab with Fresh Nan (Large)	£9.95

# Sunday Tapas

#### Meat Option

Kebab, Tandoori chicken, lamb chops Grilled chicken tikka, lamb somosa Piri Piri chips or normal chips Naan and Salad

Served with mild/medium curry sauce, mint sauce and sauces of your choice.

#### £11.95pp for 3 or more £12.95pp for 2 £13.95 for 1

### Vegetable Option

Onion Bahji, Vegetable Somosa Bombay Potatoes, Dry mix vegetable Piri Piri chips or normal chips Salad and Rice

Served with mild/medium curry sauce, mint sauce and sauces of your choice.

#### £11.95pp for 2 or more £12.95 for 1

Vegan Option available on request

Tuesday Banquet

Choose any Starter Choose any Main Course Choose either Rice or Bread Side dish to share Extra rice or bread to share

## £13.95

£2.95 extra for seafood and special/signature dishes £1.00 extra for seafood starters

#### Allergy Information

Some of our dishes are cooked with coconut. None of our dishes contain any other nuts. Some ingrediants come from facilities that may use nuts. 95% of our dishes are gluten free.

Please ask for advice from our staff if you suffer from any allergies or intolerances.

Management reserves with right to refuse service at any time and without reason. Management reserves the right to change the prices without notice.



INDIAN RESTAURANT, BAR AND TAKEAWAY



### 10% Discount

on all collected takeaway orders over £12

## Free Delivery

For orders over £15 within a 4 mile radius

## Loyalty Card £25

10% off all dine-in meals\* Further 5% off collection discount

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OPENING TIMES Monday - Thursday: 5.00pm - 11pm Last orders: 10pm Friday - Saturday: 4.30pm - 11.30pm Last orders: 11pm Sunday: 4.30pm - 10.30pm Last orders: 10pm

**Open Bank Holidays** 

#### www.angelspice.co.uk

angelspicestilton@yahoo.co.uk 2-4 High Street, Stilton, Peterborough, PE7 3RA





### Chíllí

Main ingredient is capsaicin and is known as a powerful pain killer and antioxidant, helping to combat heart attack and stroke and even extends blood coagulation time. Capsaicin has an affinity for fat so it may well be helpful for weight control.

### Coríander

Another antioxidant, countering blood pressure and the formation of free radicals which trigger cancers.

### Cumín

Antioxidant, once again having beneficial effect on blood pressure and heart rhythm.

#### Gínger

High in vitamin C and a powerful antioxidant and anti-carcinogenic. Also helps eliminate toxins from the body.

### Fenugreek

Higher in folic acid (very important for pregnant women) by weight than dried yeast or liver. Fenugreek has been claimed to be an aphrodisiac and cure for impotence.

### Garlic

Known to de-clog veins and arteries since prehistory. Antibiotic, anti-fungal, bactericidal, lowers cholesterol and helps prevent heart attacks and strokes.

### Oníons

Helps prevent stomach cancers – ingredient quercetin deactivates carcinogens and tumours and reduces high blood sugar levels and promotes 'good' cholesterol. Tomatoes decrease the risk of prostate cancer – the ingredient lycopene is a powerful antioxidant.



#### Starters

All dry starters are served with minted yoghurt.

- 1. Shish Kebab .....£4.95 100% minced lamb mixed together with fresh herbs and spices, ginger, garlic, then grilled in the tandoor.
- 2. Shami Kebab .....£4.95 100% minced lamb mixed together with fresh herbs and spices, ginger, garlic, then pan fried in the shape of a burger.
- 3. Reshmi Kebab ......£4.95 100% minced lamb mixed together with fresh herbs and spices, ginger, garlic, then pan fried in the shape of a burger wrapped with an omelette
- 4. Tandoori Chicken <u>£4.95</u> (1/4 on the bone) Chicken marinated in herbs and spices and natural yoghurt, then grilled in the tandoor.
- 5. Chicken Tikka .....£4.95 Succulent pieces of chicken breast marinated in herbs, spices and natural yogurt prior to barbecuing.
- 6. Chicken Chatt ...... £4.95 Cooked with chatt masala, creating a slightly sharp and tangy flavour.
- 8. Lamb Chop .....£5.30 Juicy lamb chop marinated and grilled with the fat on, lightly spiced with fresh herbs and a touch of lemon juice.
- 10. Chicken Tikka Puri ......£5.40 Grilled chicken breast cooked with medium herbs and spices, onions and tomatoes wrapped in fluffy fried bread known as puri. May contain gluten.
- 11. Lamb Stuffed Pepper ......£4.95 Capsicum filled with lightly spiced minced lamb and grilled in the tandoor.
- 12. Lamb Samosa.....£4.95 Triangular shaped pastry filled with lightly spiced 100% minced lamb and deep fried. May contain nuts.
- 13. Prawn Puri.....£5.40 Prawn cooked with medium herbs and spices, onions and tomatoes wrapped in fluffy fried bread known as puri. May contain gluten.
- 14. King Prawn Butterfly......£5.30 Jumbo King Prawn deep fried with golden crumbs. May contain gluten.
- 16. Prawn Cocktail ..... £3.60

#### Ideal for Vegetarian and Vegan

- 17. Onion Bhaji ......£3.95 Sliced onions and various vegetables lightly seasoned with herbs.
- 19. Bengal Chatpoti......£4.95 Chickpeas cooked with herbs and chatpoti spices, spicy but not too hot.
- 20. Garlic Mushrooms ...... £4.95 Cooked with fresh garlic.
- 21. Aloo Pakora......£3.95 Spicy potatoes deep fried in lightly spiced batter. May contain gluten.
- 22. Aloo Chatt.....f3.95 Diced baby potatoes cooked with specially imported dish style tangy chatt masala, decorated with tomato and cucumber.
- 24. Fresh Salad ......£2.70 25. Pappadoms ......£0.99
- Plain or spiced. Per person.
- 26. Pickle/ Chutney......£0.75



### Chefs Recommendations

28.	Lamb Methi Gost£11.95
	Lamb cooked with fenugreek, strong in flavour but medium in spice.
29.	Chicken Methi
30.	Jeera Chicken
31.	Kerala Chicken £10.95 South Indian dish, spicy and hot with dry red chillies.
32.	Emily's Special Chicken
33.	Bindi Gost£12.95 Lamb cooked with okra in a medium spice.
34.	Lamb Roshuni Gost Bahar£11.95 Recommended dish for garlic lovers. Lamb cooked with freshly chopped garlic and medium spices.
35.	Chicken Roshuni Bahar£10.95 Recommended dish for garlic lovers. Chicken cooked with freshly
	chopped garlic and medium spices.
36.	Sweet Chilli Chicken
37.	Sylheti Mango Chicken
38.	Bombay Chicken£10.95 Medium spice cooked with boiled egg and potatoes.
39.	Lahorey Gost Masala£10.95 Lamb cooked with various masala spices. Medium in strength.
40.	Chicken Passanda
41.	Lamb Passanda£11.95 Mild, creamy combination of coconut, rose water, delicate mild herbs and spices. Slightly sweet.
42.	Murgi Masala£11.95 Off the bone tandoori chicken, minced lamb, onion, tomato, peppers and hard-boiled egg in a rich, spicy, but not hot sauce.
43.	

#### Tandoorí Maín Course

Served with fresh salad and yogurt mint sauce. Mostly fat free.

- 44. Tandoori Chicken ......£8.95 (1/2 chicken on the bone) Chicken marinated in fresh herbs, spices and natural yogurt, then grilled in the tandoor.
- 45. Chicken Tikka .....£8.95 Succulent diced pieces of chicken breast marinated in fresh herbs, spices and natural yogurt prior to barbecuing.

- 48. Carrie's Special Chicken .......£11.95 Sliced chicken tikka cooked with whole spice, served in an open pepper, medium spiced.
- 49. Tandoori Mixed Grill ...... £12.95 Tandoori chicken, lamb chop, chicken tikka and sheek kebab.
- 50. Tandoori King Prawn <u>£12.95</u> Fresh water jumbo Bengal king prawn marinated in herbs and spices using natural set yogurt and barbecued in the tandoor using a skewer.
- 51. King Prawn Shashlik ..... £13.95
- Salmon marinated in fresh herbs and spices. Cooked in the grill.



Aı	ıgel Special Dishes
53.	Stilton Chicken
	Mild and creamy dish cooked with Stilton cheese, by demand
	customers created by Angel Spice

54. Paneer Tikka Garlic Chilli Masala ...... £13.95 Angel Spice secret recipe, highly recommended by our chef. Made with garlic and fresh green chillies, and is gluten free.
55. Butter Chicken ...... £11.95 Cooked with a mild butter sauce.

.£12.95

Cooked with a mild butter sauce. 57. Bengal Naga Chilli Chicken ......£11.95 Flavoured with specially imported Naga chilli, aroma of which no other chilli could imitate, Naga chilli is so hot that just a touch of it is used to achieve the required strength of a little hotter than Madras.

58. Punjabi Chef's Special Garlic Chilli......£11.95 Sliced cut chicken breast marinated and cooked in the tandoor before put in a onion, green chilli and fresh garlic sauce.

59. Angel House Special ......£10.95 A combination of chicken, lamb, vegetable, secret recipes. Medium in spice.

#### 60. Chicken Shimla ......£11.95 Boneless slices of chicken marinated with ginger and garam masala, barbecued in the tandoor before cooking in a fairly hot coconut sauce.

#### 62. Chicken Tikka Chatt Masala.....£11.95 Diced spiced grilled breast of chicken cooked with onions, peppers, special chatt masala, creating a slightly sharp and tangy flavour. Decorated with tomato and cucumber.

63. Chicken Tikka Garlic Chilli Sagwala ......£11.95 With fresh green chillies, spinach and fried garlic.
64. Lamb Garlic Chilli Sagwala......£12.50

With fresh green chillies, spinach and fried garlic.

65. Tandoori King Prawn Garlic Chilli Sagwala ... £13.95 Marinated barbecued tiger prawns cooked with fresh spinach, fried garlic and green chillies.

66. Chef's Special Biryani (Medium).....£11.95 Grade one basmati rice, stir fried together with light herbs and spices and off the bone sliced cut tandoori chicken, garnished with omelette. We recommend ordering vegetable curry to accompany this dish.

67.	Tandoori King Prawn Biryani	.£12.95
	We recommend ordering vegetable curry to accompany this d	
68.	Angel Spice Special Balti	.£11.95
	Consists of chicken and lamb with vegetables.	
69.	Fish Tikka Delight	.£13.95

Fish cooked with cherry tomatoes, garlic, mustard seeds and fresh coriander.

### Ideal for Vegetarian and Vegan

71.	Vegetable Tawa	£10.95
	Vegetables with garlic, ginger, garam masala, coriander a chilli.	
72.	Paneer Tawa	£13.95
	Paneer with garlic, ginger, garam masala, coriander and a	touch of chilli.
73.	Vegetable Mango	£10.95
	Cooked with mango, creating a mild taste	

### Balti House Specialities

Balti is a dish of medium strength, cooked with lots of herbs and spice, creating very distinctive flavours

ing v	ery distilictive liavours	
74.	Vegetable	£8.60
	Chicken	
76.	Lamb	£9.90
77.	Prawn	£9.75
78.	King Prawn	£11.60
79.	Chicken Tikka	£10.60
80.	Chicken Tikka Garlic Chilli	£11.15
81.	Tandoori King Prawn Garlic Chilli .	£12.95

<sup>70.</sup> Special Lamb Madras or Vindaloo ......£11.95